

The charts below are useful to control final negative contrast depending on actual light intensity using **Adox Rodinal** (used to be AGFA Rodinal), remember to always **expose for the shadows** and **develop for the highlights**!

Kodak T-Max - 68 fahrenheit / 20 degrees celsius / Time in minutes

Light Intensity	Negative contrast	EI (ISO)	Dilution	Time
Bright	High	160	1:50	5.5
Moderate	Moderate	400	1:50	7.5
Low	Low	800	1:50	9
Average	Moderate	800	1:25	6.5

Kodak Tri-X - 68 fahrenheit / 20 degrees celsius / Time in minutes

Light Intensity	Negative contrast	EI (ISO)	Dilution	Time
Bright	High	250	1:85	14
Bright	Moderate	400	1:75	14.5
Bright	Low	400	1:50	14.5
Dim	Low	600	1:75	15.5
Dim	Moderate	800	1:50	16.5
Very dim	High	1200	1:65	17.5
Very dim	Low	1600	1:50	18.5
Very dim	High	3200	1:65	20
Very dim	Low	6400	1:50	22.5
Average	Moderate	800	1:100	17.5